

News Release

New Hampshire's Governor's Council on
Physical Activity and Health



For Immediate Release

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New Hampshire's Governor's Council on Physical Activity and Health Announces 2006-2007 Membership

Council promotes a healthy lifestyle for all NH residents

Concord, NH (December 19, 2006) The New Hampshire's Governor's Council on Physical Activity and Health was formed in 1991 by Executive Order of Governor, Judd Gregg. The Council's mission is to promote a healthy lifestyle for all New Hampshire residents with a special emphasis on children and youth. Since its founding, the Council has advocated for legislation, written white papers and developed programs and events with the goal of improving the physical health of NH's residents. In early 2007, the Council will announce its *Outstanding Achievement Awards*, recognizing individuals and organizations in the state that have contributed significantly to developing healthier lifestyles through physical activity.

The Council is comprised of representatives from state agencies, the medical profession, the business community, education, older adult organizations and numerous organizations and individuals with an interest in promoting physical activity. New Hampshire's First Lady, Dr. Susan Lynch, serves as the Council's honorary Chairperson.

The Council is pleased to announce its 2006-2007 membership. Serving the Council are: Peter Ames, American Cancer Society, Patti Baum, NH Department of Health and Human Services, Charles (Chuck) Cappetta, NH Pediatric Society and Granite State FitKids, Fred Daniels, CPTA Health Group, Rick Holder, Hampshire Hills Sports & Fitness Club, Travis Horne, NH Local Government Center, Terry Johnson, Equinox Health and Healing, Dan Kiestlinger, Campbell High School, Dan Levesque, Monadnock Community Hospital, Tamara Martin, NH Healthy Schools Coalition, Louise McCormack, Plymouth State University, Kim Miller, Anthem Blue Cross and Blue Shield, Karyn Misenheimer, Hills Garrison School, Brian Nase, Epson Central School, Michael Norklun, Concord YMCA, Dianne Rappa, NHAHPERD, Cheri White, NH Department of Education, and Lilyan Wright, representing NH's older adults. Advisory members include: Barbara French and Mary Gorman, State Legislators, Nancy Lynch, past Council president and Marcia McCaffrey, NH Department of Education.

NH's Governor's Council on Physical Activity and Health is a member of the National Association for Health and Fitness, a network of State and Governor's Councils. More information is available at <http://www.physicalfitness.org/>.

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